



ALBUQUERQUE ATHLETICS TRACK

19TH ANNUAL CROSS-COUNTRY MEET All Comers Welcome - Sanctioned by USA Track & Field



DATE: Saturday, September 24, 2016 TIME: 8:30 AM (First Race) COACHES MEETING: 8:00 AM

MEET DIRECTOR: CARL BRASHER LOCATION: John B. Robert Dam PACKET PICKUP: 7:30 AM
USATF Meet Sanction Number 16-42-033 (East side on Juan Tabo between Montgomery & Spain)

ENTRY DEADLINE: *Tuesday, September 20, 2016 (No late or meet day entries accepted. Entry fee payment at packet pickup.)*

CLUB TEAM ENTRIES must be submitted by email to aattrack@aol.com using USATFNM Team Manager format. Club teams must submit their Athlete waivers at packet pickup (USATF.ORG member club roster form with parent signatures)

UNATTACHED ATHLETES must contact and submit entries to USATFNM Managing Director Gretchen Futey gretchen.nm.usatf@gmail.com Tel. 908-8996 and will be required to sign athlete waivers at packet pickup. Parent signatures required for minors (18 & younger)

REQUIREMENTS: All participating athletes must have and submit their 2016 USA Track & Field Membership number with their entry and must submit and sign the athlete waiver. USATF memberships may be purchased online at USATF.ORG

MAKE CHECKS PAYABLE TO: **ALBUQUERQUE ATHLETICS TRACK**

Tel: 505-328-3835 Email: AATTRACK@AOL.COM Website: AATTRACK.COM

ENTRY FEE: \$6.00 Per Athlete **DIVISIONS:**

8-Under (2008 & Younger)	17-18 M&W (1998-1999)
9-10 (2006-2007)	Open (Ages 19-29)
11-12 (2004-2005)	Sub-Masters (Ages 30-39)
13-14 (2002-2003)	Masters (Ages 40-59)
15-16 (2000-2001)	Senior's (Ages 60 & UP)
(Sub-Masters, Masters and Senior's in 5-year age increments)	

**Returned check Fee \$35.00.*

AWARD RIBBONS: 1st through 6th Place for individuals.

FACILITIES: There will be a concession stand and portable restroom rooms available at the site.

COURSE and PARKING MAPS: Course and parking maps are available at AATTRACK.COM. The course will be open 7:30-8:10 AM for athletes/teams to walk the course on their own. The course will be closed and cleared at 8:10 AM for the first race.

PARK IN DESIGNATED AREAS ONLY: Parking is at El Oso Grande Park south parking lot (near CNM – access off Morris only), along Osuna Drive on the west side of the dam and Juan Tabo, and on Manitoba just south of the dam. Additional parking is available at Eisenhower Middle School located ¼ mile north of the dam at Camero and Juan Tabo (just north of Spain).

Do not park on the surrounding neighborhood streets, business or church parking lots. See the parking map.

SCHEDULE OF EVENTS:

5K RUN: Combined; 15-16 Girls & Boys, 17-18 Women & Men and all Open Age Divisions

4K RUN: 13-14 Girls & Boys (Will be run simultaneously with the 5K Run)

2K RUN: 8-Under Girls then Boys

3K RUN: 9-10 Girls then Boys

3K RUN: 11-12 Girls then Boys



As a condition of registration into this meet the following is agreed to by all participants and their legal guardians: All participating athletes must have a valid 2016 USA Track & Field membership and sign the athlete waiver form in order to enter into and compete in this meet. The athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2016 USATF Track & Field membership. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track team / USA Track & Field Developmental All-Comers track & field or cross-country meet. Albuquerque Athletics Track Team, Inc. (AAT) is not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. I, for myself, the parent or legal guardian of the participating athlete(s), do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc. its owners, officers, coaches, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments, demands for damage, all medical costs arising from accidents, injuries, or death of any participating athlete(s), athlete(s) family members, legal guardians or property.