

# Do you like to RUN

## or Walk, Jump or Throw?



Lynn & Julie Brasher – 2001 National JO TF Meet

Eldorado Track 2006

Lynn Brasher: CC T&F EHS 2002-06 UNM 2006-10

### **Albuquerque Athletics Track**

is looking for people like you (ages 5-18) for the 2019 Track & Field season. **AAT** competes in USA Track & Field's Youth (Junior Olympics) meets. We run at the local, state, regional, and national competitions, in both track & field and cross-country. From 1998-2019: **AAT** athletes compete from grade school to college and have earned individual and team USA Track & Field All-American awards and National Championships.

### **Come Join Us For Our 22<sup>nd</sup> Year 1998-2019!**

Registration is Saturday, February 16 at the Eldorado HS Track, 9 to 10:30 am. Eldorado is at 11300 Montgomery NE. The track is located on the SW corner of campus by the tennis courts. Enter the school at the light on Juan Tabo just south of Montgomery. If you miss registration you can also register at any time by sending an email to [aatrack@gmail.com](mailto:aatrack@gmail.com) or at any of our team practices.

### **Practices**

are at the Eldorado HS track, Mondays, Wednesdays, and Fridays at 5:30pm, starting February 18. If you miss registration, come by any practice. If you like what you see, you can register then. But don't wait too long! Parents are encouraged to work out, we maintain a family atmosphere.

Julie Brasher:

S.Y. Jackson ES, Eisenhower MS,  
Eldorado HS 05-09, UNM 2011-13  
CC and T&F  
13 time USATF All American  
2000-2006  
2006 NMAA 1600m 5A HS  
State Champion



### **The Track & Field Season**

runs through July. Running events; sprints, relays, hurdles and distance up to 3K. **AAT** also competes in the racewalk, long jump, high jump, shot put, discus, and javelin throws.

### **For More Information**

contact **Coach Carl Brasher at 328-3835**

email [aatrack@gmail.com](mailto:aatrack@gmail.com)

or visit our website, [www.aatrack.com](http://www.aatrack.com)

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[www.Facebook.com/AlbuquerqueAthleticsTrack](http://www.Facebook.com/AlbuquerqueAthleticsTrack)

Head Coach Lucille Brasher:  
Two-year letterman, UNM Track & Field 1976-77,  
member 1968 AAU Cross Country National  
Championship Team. USATF Level 1 Coach,  
Coach of 2001 USATF National Championship  
AAT Bantam Boys Cross Country Team  
2016 USATF Masters 3000m National Champion



## **Make 2019 the year you compete in the USATF Junior Olympics!**