

Do you like to *RUN*? or *Walk, Jump or Throw*?



Lynn Brasher: UNM T&F CC 2006-2010

Albuquerque Athletics Track

is looking for people like you (ages 5-18) for the 2016 Cross Country season. **AAT** competes in USA Track & Field's Youth (Junior Olympics) meets. We run at the local, state, regional, and national competitions, in both track & field and cross-country. From 1998-2016: **AAT** athletes compete from grade school to college and have earned individual and team USA Track & Field All-American awards and National Championships.

Come Join Us - Run Cross-Country this Fall!

Registration is Monday, August 22nd at the John B. Robert Dam, 5:30 to 7 pm. John B. Robert Dam is located on the east side of Juan Tabo NE between Montgomery and Spain. You can also pre register any time by sending an email to aatrack@aol.com.

Practices

are at the John B. Robert Dam, Mondays, Wednesdays, and Fridays at 5:30pm, starting August 24th. If you miss registration, come by any practice. If you like what you see, you can register then. But don't wait too long! Parents are encouraged to work out, we maintain a family atmosphere.

The Cross Country Season

runs through December 10th. Running events include race distance events 2K up to 5K depending on the age division. **AAT** will host its 19th annual XC meet on Sat. Sept. 24th.

For More Information

contact Coach Carl Brasher at 328-3835

email aatrack@aol.com

or visit our website, www.aatrack.com

**Make 2016 the year you
compete in the USATF
Junior Olympics!**

Julie Brasher:

*S.Y. Jackson ES, Eisenhower MS
Eldorado HS 2005-09
UNM T&F CC 2011-12
13 time USATF All American
2000-2006
2006 NMAA 1600m 5A HS
State Champion*



Head Coach Lucille Brasher:
*Two-year letterman, UNM Track & Field 1976-77,
member 1968 AAU Cross Country
National Championship Team.
Coach of 2001 USATF National Championship
AAT Bantam Boys Cross Country Team
2016 USATF Masters Indoor National Champion
3000 meter run*